

Winter/Spring 2012

ALL CLASSES ARE FREE UNLESS OTHERWISE STATED

Mondays

4.30–5.30pm Streetdance for young people 2nd & 9th April

Tuesdays:

10am - 1.30pm English speaking classes

10.30am IT online basics courses – booking advised

6.45pm-8.15pm Boxing Class - **£3** entry.



Wednesdays:

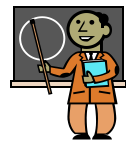
12.30pm-1.15pm Women's only Zumba class - **£3** entry

Thursdays:

10-12 noon Chinese Fitness Dancing

12-3pm Nipponkai's social for existing and new members

2.30pm IT online basics course - booking advised.



Fridays

12-1pm Streetdance for young people 6th & 13th April

Sundays:

1.30pm-2.30pm Chinese Fan Dancing

PLUS FREE Internet access any day!!



Training days...

Mondays 20th & 27th February – 2.30-4.30pm training for people who want to teach English conversational classes

Thursday 22nd March - Public Law and the Compact: 10.30 -3.30pm Strengthen and Empower your Relationships with Public Bodies – FREE training workshop for BME groups

**For further information on any of the above call
the Unity Centre on 01244 400730**